



Active Hope Book Group Facilitator session

Thursday 23rd February on Zoom, 6pm-7pm

Tips, links, connections and resources to help you facilitate your own Active Hope Book Group.

This friendly, positive session will be facilitated by Norfolk and Waveney Mind, sUStain project.

Book here to get your zoom invite:

bookgp-leaders-circle.eventbrite.co.uk

For more details email:

sUStain@norfolkandwaveneymind.org.uk



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